

تبدیلی اور اضطراب کا آپس میں گہرا تعلق ہے۔ اضطراب اگر جستجو اور کچھ کرنے کی لگن سے جڑا ہو تو مثبت نتیجہ برآمد ہوتا ہے۔ اضطراب اور پچھتاوے میں بہت فرق ہے بلکہ یہ متضاد کیفیات ہیں۔ انسان اضطراب کا شکار تب ہوتا ہے جب وہ کچھ کرنا چاہے، اس کے ارادے بھی پختہ ہوں۔ عزم بھی مصمم ہو اور راستہ بھی ہموار مگر انجام قوتیں عارضی رکاوٹیں رکھ کر رابطے مفقود کر دیں۔ بہر حال طاقتور جذبہ اور ارادہ اپنا رستہ بنا ہی لیتا ہے۔ آج کل سیاسی اور فطری ماحول پر اضطراب کا راج ہے۔

## Translation:-

dissatisfaction / dysphoria

Change and anxiety are closely related. Anxiety, if related to the commitment and dedication off to do something, brings positive result. There is a big difference between anxiety and regret rather these ~~two~~ are two opposite conditions. A person suffers from anxiety when he ~~wants~~ to do something has firm intentions, determined commitments, smooth path but ~~unknown~~ forces by producing temporary hurdles make the path invisible. However, strong <sup>passion</sup> emotion and intention find its way. Anxiety reigns over the political and natural environment today.

satisfactory

6/10



1. Have you brought some mangoes?  
Have you bought any mangoes?

2. The Ganga is the sacred river.  
Ganga is the sacred river

3. I and Chetan did all the work.  
Chetan and I did all the work.

4. He said it himself.  
He said it.

5. Blessed is he that has found a job.  
Blessed is he who has found a job.

6. He is much ill to do any work.  
He is too ill to do any work.

7. One of the boys was absent for a week.  
One of the boys

8. Gopal came home lately.  
Gopal came home late.

9. She was sitting besides him.  
She was sitting beside him.

10. Our hoard is small and our hearts  
are large.  
Our hoard is ~~small~~ little, but our hearts  
are great.



1. His father always taught him not to look down on those people with less.

2. Stop complaining and get on with your work.

3. The boss wants you to hand in your figures for this month to him.

4. I am going away by the end of January.

5. Our flat is at the second floor of the building.

6. What time did they get into the hotel.

7. I've no idea who Tom Alter was. I've never heard of him.

8. The problem is getting serious; we've to do something about it.

9. I am thinking of buying a house.