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The adage "We have learnt nothing from history" elucidates human propensity to repeat past mistakes despite possessing ^{the wisdom of} hindsight.

Recurring global conflicts, financial collapses and exploitative colonialism stand as a testament to humanity's collective amnesia.

Similarly, ^{also} This analysis draws a lens

on the Pakistani context. Echoes of historical missteps still resound in contemporary scenarios with problems like national

integration and economic adversity. It is crucial not only to address recurring historical pitfalls, but also propose apt recommendations that could alter the trajectory of miscalculations and oversight.

History is shaped by the narratives of the powerful. Dominant groups propagate ideologies of their interest, thereby cherry-picking facts

and figures. Winston Churchill aptly captures this notion by his historic remark, "History is written by the victors". A classic case in point is that of colonial powers. Their

interpretations of history emphasize their achievements and downplay negative consequences on the colonized nations.

European powers portray their conquests as civilizing missions notwithstanding the fact that they uprooted and murdered 56 million indigenous individuals of Americas and Asia.

Ironically, they are celebrated as the forebearers of justice and champions of human rights.

Contemporarily, colonial powers do not employ bigenocide to assert dominance over former colonies. They have shrewdly established institutions under

the guise of "liberalism". In reality, global organisations like the United Nations, International Monetary Fund and World Bank are plagued with "Neo-colonialism": the use of political, economic and other pressures to control former dependencies. The voting rights and power distribution

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within these institutions are disproportionate. For instance, the United States has the largest voting share in the IMF. It has successfully manipulated the World Bank and IMF to impose stringent conditionalities and structural adjustment programs on developing countries, thereby causing ruptures in their social welfare programs and derailing the progress of economies.

The current Palestine Israel issue also spells out the role of dominate powers in shaping neo-colonialist narratives.

It is baffling that even most zionists are unaware of the history of Palestine including catastrophic events like the Nakba and unjudicial killing of Palestinians. Moreover, Israel has been pardoned in the name of "self defense" inspite of violating ^{over} one hundred UN resolutions. It is noteworthy that Iraq was invaded by the US on breaking only "one" such resolution.

In the context of Pakistan, it is evident that its history is rife with lessons that have been criminally ignored.

The striking resemblance between the issues of Bengal and Baloch insurgency bears witness to the aforesaid.

Marginalization of the Bengali population led to an impasse between East and West Pakistan. The seeds of national disintegration were planted when

Urdu was forced upon the Bengal population. This act amounted to ethnic and linguistic cleansing of centuries worth of cultural progression. To add fuel to fire, 71% of budget was allocated to West Pakistan despite having 45% population.

All these injustices culminated in a blood-soaked war and separation of East Pakistan.

The same historical episode is being repeated in Balochistan. The state has failed to take into account the aspirations and concerns of the Baloch people.

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It is ironic that the province bears the largest gas reservoir of the country yet its natives have to skip meals because of the acute gas shortage. It was not until recently that Sui itself was given a gas supply. Moreover, the natives are being ignored in projects under CPEC.

Resultantly, insurgent groups have emerged that oppose any sort of national projects. They opine that these projects will result in an influx of Punjabis and Sindhis ^{further} depriving the Baloch people from their land and resources. Anti-state sentiments are escalating in the region, and the government is still employing the tools of oppression like it did in East Pakistan.

The repetitive nature of historical mistakes and adamant viewpoints of dominant groups ^{their ideological} intrigue one to dissect the underpinnings. Most influential groups

are avid followers of "ethnocentrism".

It is the belief that one's own culture, customs and beliefs are superior. E.B. Taylor's anthropological discourse furthers this notion. He demonized primitive cultures by labelling them "savages", suggesting they are inferior to the white.

Consequently, the white people justified their right to sanction or

"civilize" them. These ideas were used as excuses for the ethnic cleansing of millions and plundering of their resources. Moreover, ethnocentrism has effectively obscured historical accounts and painted indigenous people's lives less worthy.

The historic rift between Pakistan

and Bangladesh also underscores the ideas of ethnocentrism within the power system. West Pakistan

exhibited a blatant disregard for the unique Bengal identity. Apart from the language issue and economic disparity, Bengalis were also subjected to racism. Their short and weak stature along with a darker complexion was deemed "inferior" by their western counterparts. The locals were humiliated and exploited by top Pakistani officials. Consequently, their loyalty to the nation petered out and culminated in "Bengali nationalism" instead.

Pakistan's woes are not limited to the issue of national integration.

Its economy is teetering on the brink of an economic crisis. Repeated miscalculations in enacting a policy framework to boost the economy and recurrent emphasis on "debt" have led it into a quandary. Pakistan first entered an IMF Programme in 1958 and has since gone back to the lender 22 times. In addition,

it has amassed significant loans from other countries. As of September 2023, stands at it's external debt ↑ ; a whopping 128.1 Billion US Dollars . Consequently, it has been assigned a poor credit rating of CCC+ by S and P , indicating a high risk of defaulting on current debt obligations.

World systems are slowly descending into chaos and hence it is sine qua non to iron out all obstacles in the way of extracting valuable historical lessons.

Overhauling dominant ideologies is imperative to dismantle entrenched biases . Initiatives aimed at reconstructing prevailing viewpoints should be actively pursued. Survivors and predecessors of victims of ethnocide should be acknowledged their side of the story should be disseminated. contemporarily,

social media is playing an excellent role in this regard. It is acting as the mouthpiece for organizations formed by indigenous groups for example Native Indian and Alaskan activists. In the context of Palestine-Israel war, Israel is actively losing the social media war and is offering as much as 5000 US dollars to influencers to promote pro-Israeli narrative. Palestinian journalists like Motaz Aziza, Plestia and Bisan are playing an active role on digital platforms to re-educate people on the Palestine issue.

The adoption of cultural relativism stands as a pivotal solution to the issue of ethnocentrism. It involves the acceptance, tolerance and appreciation of diverse beliefs. Educational institutions can play a crucial role in this transformation.

Comprehensive history lessons by unbiased writers should be incorporated into the educational curricula.

These institutions should also hone the critical thinking skills of students to allow for a deeper understanding of issues. For instance, Pakistani textbooks are rife with misinformation. An biased viewpoints of history ↑ The curriculum is designed to mould students to blindly trust the state. This issue can be catered to by inculcating viewpoints of unbiased subject specialists like Hassan Askari and Dr. Ishrat Hussain into the national curriculum. This step will foster a culture of accountability and critical thinking among the masses.

Pakistan also needs to revisit lessons from the fall of Bengal and actively work to curb Baloch insurgency.

The concerns of the Baloch people need to be prioritized. It is incumbent upon the state to make them equal stakeholders in all national and international projects. The issue

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misallocation
of budget deficit and resource can be mitigated by ensuring the implementation of article 140-A of the 18th amendment. The aforementioned article relates to devolution of power to local constituencies thereby contributing to good governance and equitable distribution of funds.

Implementing evidence-based politics grounded in historical insights is pivotal to refurbish Pakistan's economy. Any more reliance on debt can turn collapse into a lethal brew of economic and default. The country needs to implement a multifaceted strategy focused on fostering domestic industries and promoting innovation. Investing in skills development of youth, and empowering small and medium enterprises through easy access of credit and technology will be a step in the right direction. In addition, ensuring political stability is crucial to attract

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Foreign Direct Investment and avoid boom and bust cycle of economy. Moreover, ease of doing business and diversification of economy with emphasis on the IT sector is crucial in steering the country towards sustainable economic growth. It is high time for Pakistan to acknowledge that the era of debt financing on the basis of geo-strategic position has been replaced by "geo-economics".

In conclusion, humans falter in heeding the warnings etched in history's pages. Neo-colonialism continues to plague global institutions. In addition, recurring Pakistan is ensnared with issues of national integration and economic austerity. Adopting cultural relativism in place of Ethnocentrism is pivotal to counter global injustices. Moreover, an impending economic crisis and national disintegration serve as a clarion call for Pakistan to reform its political and economic landscape.