

## Suicide

Many people around the globe are committing suicide. It is to notice that people from developing countries are highly effected. It had become possible due to some factors that are encouraging people to commit suicide. These factors include lack of education, poverty, mental diseases and low social bonds. Furthermore, availability of harmful materials such as acces to arm guns, pesticides and alcohol products are also contributing in this evil act. Many medical experts believe that it occurs due to mental disturbance. It can be contributed through other factors aswell. A recent report shows that almost 20,000 people commit suicide in Pakistan<sup>country</sup>. Report also shows that in Pakistan, only 3% people consult doctors and physiatrists for their mental illness. In a nutshell, Pakistan govt should focus on those factors which are contributing in this act and encouraging people to commit suicide.