

Comprehension 7: CSS 2016

Read the following passage carefully and answer the questions that follow: (20)

The New Year is the time for resolution. Mentally, at least most of us could compile formidable lists of 'do's and 'don'ts'. The same old favorites recur year in and year out with the children, do a thousand and one jobs about the house, be nice to people we don't like, drive carefully and take the dog for a walk every day. Past experience has have so often experienced the frustration that results from failure.

Most of us fail in our efforts at self-improvement because our schemes are too ambitious and we never have time to more foolish when we slip back into our bad old ways. Aware of these pitfalls, this year I attempted to keep my resolution to myself. I limited myself to two modest ambitions, to do physical exercise every morning and to read more in the evening. An overnight party on New Year's Eve provided me with a good excuse for not carrying out eight of these new resolutions on the first day of the

year, but on the second, I applied myself assiduously to the task.

The daily exercise lasted only eleven minutes and I proposed to do them early in the morning before anyone had got up, I managed to creep down into the living room for two days before anyone found me out. After jumping about in the carpet and twisted the human frame into uncomfortable positions. I sat down at the breakfast table in an exhausted condition. It was this that betrayed me. The next morning the whole family trooped into watch the performance. That was really unsettling but I fended off the taunts and jibes of the family good humoredly and soon everybody got used to the idea. However, my enthusiasm waned, the time I spent at exercises gradually diminished. Little by little the eleven minutes fell to zero. By January 10th, I was back to where I had started from, I argued that if I spent less time exhausting myself at exercises in the morning. I would keep my mind fresh for reading when I got home from work. Resisting the hypnotizing effect of television, I sat in my room for a few evenings with my eyes glued to a book. One night, however, feeling cold and lonely, I went downstairs and sat in front of the television pretending to read. That proved to be my undoing, for I soon got back to the old bad habit of dozing off in front of the screen. I still haven't given up my resolution to do more reading. In fact, I have just bought a book entitled "How to Read a Thousand Words a Minute". Perhaps it will solve my problem but I just have not had time to read it.

grow-
pect
taunts
to
utter
taunt
ing
words

(4 marks each)

Questions:

1. Why most of us fail in our efforts for self-improvement?
2. Why is it a basic mistake to announce our resolution to everybody?
3. Why did the writer not carry out his resolution on New Year's Day?
4. Find out the words in the above passage which convey the similar meaning to the following:
(1) intimidating (2) peril (3) dwindle (4) repel (5) barb

"Comprehension * CGS 2016 "

Answer no 1)-

According to the author, most of us fail in our efforts for self improvement because ~~to~~ ~~we~~ we become over ambitious in achieving our task. Another reason is that we do not have sufficient time to achieve the desired task.

Answer no 2)-

It is a terrible mistake to announce our resolution to every body because when we are not able to be consistent in our effort to be resolute and leave our resolution, we appear inconsistent, irresolute, and foolish in the eyes of those people with whom we had shared our resolution about a certain thing.

Answer no 3)-

The writer did not carry out his resolution because of the over night party, which provided him an excuse and opportunity to not carry out right of his new resolutions.

Answer no 4)-

- 1)- Intimidating: formidable, 2)- Peril: Pitfall, 3)- Dwindle: Diminished
4)- Repel: Resist, 5)- barb: jibe