

An Envious Person Cannot Be Happy

Envy is the most miserable feature of human nature. Envious person is dangerous for others. He does not feel happy. If not reined in, envy can become harmful for realisation of one's potential. Envy, however, can be countered by possessing a sense of admiration. Happiness can be increased by enhancing admiration and eliminating envy from oneself. Happiness is the only panacea to envy; however, envy itself is formidable hindrance to happiness. The envious person may not accept this reality. Moreover, he may not be able to understand that identifying reasons ^{behind} for envious feelings can be a major stride towards treating them.

[100 Words]