unless he moves quickly, he will suffer pain from the biting wind. Finally, in order to replenish the expenditure of hopeless struggles and with the inclemency of the weather. He has to build strong houses and procure thick clothes to seems to have a bracing effect on the human race. In a moderately cold climate man is engaged in an arduous, but no manner, while intense cold numbs human energies, and a hot climate affords little motive for exertion, moderate cold struggle against difficulties that we have a fair hope of over-coming, calls into active operation all our powers. In like despair; the total absence of obstacles, on the other hand leaves no room for the exercise and training of energy; but a seems to stimulate energy by acting as an obstacle. In the face of an insuperable obstacle our energies are numbed by bodily tissue caused by his necessary exertions, he has to procure for himself plenty of nourishing food. keep himself warm. To supply fuel for his fires, he must hew down trees and dig coal out of the earth. In the open air, It is in the temperate countries of northern Europe that the beneficial effects of cold are most manifest. A cold climate Write a précis of the following passage in about 120 words and also suggest a suitable title:

that little can be obtained without much exertion from the bounteous earth. and it is possible with perfect comfort and no danger to health, to pass the livelong day stretched out on the bare ground beneath the shade of a tree. A very little fruit or vegetable food is required to sustain life under such circumstances, and Quite different is the lot of man in the tropics. In the neighbourhood of the equator there is little need of clothes or fire,

bodies. easily; but when the cold season comes, we find that we are more inclined to vigorous exertion of our minds and human nature in the tropics and in temperate climes. In hot weather we are generally languid and inclined to take life We may recognize must the same difference between ourselves at different seasons of the year, as there is between Original words = 340

precis words = 118

The benefit of cold is that it incites the human energy to overcome the hundles inflicted by cold climate. While, total absence of obstacles keep people lasy and non-active. Moderate cold climate seems to boastimulate energies to overcome while, intense hot and cold climate leaves people with despair and lanomactive. To avoid the cold and keep himself walm, he builds strong houses, warm clothes, fuel for his file, and walk quickely to avoid the cold wind. He needs nutritions food to recharge his lost energy in all the tasks. People living in teopics do not need thick clothes or file, while they can spend the entire day lying on the ground. They require very little food to keep up the living. The same difference can be observed in different seasons of the year i.e. little efforts and laziners in hot we season and arduous hardwork and activity in winter season.