

Extensive Reading Develops Strong and Balanced Personality

Reading works of various literary figures shapes, whether consciously or unconsciously, readers' personalities.

Just as food affects body, so do literary figures influence the readers' personalities. One might have been

overwhelmed by some author in youth days. This is not because of those days' sensitivity towards poetry as

compared to mature age; rather it exhibits influence of a developed personality on an underdeveloped one.

Same can be valid for those who start reading in later phases of their life.

However, with consistent reading one gets to know different perspectives of

various writers, as well as their merits and demerits. On critically examining various perspectives, one develops a balanced

worldview. This not only helps readers

overwhelmed by a single personality but also

fosters a balanced personality.