

# By pain men comes to greater pain

## Outline

### 1. Introduction

Thesis Statement: Men encounter pain, which helps them face greater challenges. By confronting pain, men can develop resilience and acquire qualities to tackle any life challenges. However, by adapting to pain and seeking positive outcomes, men can overcome life's

greatest challenges [34 words]

### 2. Understanding The phrase, By pain men comes to greater pain

### 3. How at individual level, men come to experience greater pain Through pain

a. The poor parenting style impacts the development of the children

b. Mental illness and depression leads individual to face life challenges

c. Poverty encourages individuals to develop low moral values

d. Lack of quality of education leads to greater pain by hindering the opportunities

e. Under paid jobs leads individual to face financial constraint

4. How at the individual level, men can overcome greater pain through pain

a. Acknowledging and facing pain is the first step to overcome it.

b. Pain can be a greater teacher, so learn and grow from the mistakes

c. Facing pain helps to develop resilience

d. Men can overcome greater Pain by overcoming societal expectation

e. Overcoming cultural beliefs help to overcome from greater pain

f. Individuals who live their dreams can overcome greater pain in life

g. Children with high emotional intelligence can overcome <sup>from</sup> pains of life

5. How at broader level, men overcome greater pain by contributing to change

a. Supporting suffrage movement helped to overcome gender disparity in the society

b. The poverty and lack of freedom initiated French Revolution by the writing of printing press

c. Muslims in the subcontinent were in great pain as opposed by Hindus, they contribute a change through development of two nation theory

d. Manto's writing contributed to change by helping people overcome pain and instigating change

e. The destruction caused by World War II, helped states to form treaties, organization to maintain peace in the world.

6. Conclusion