

1. Everyman, women and child were rescued.
Every man, women and children were rescued.

2. No sooner I am out, than the students make
a noise

No sooner had I went out, than the students
made a noise.

3. Walk carefully lest you may not fall.
Walk carefully lest you may fall.

4. The patient died before the doctor arrived.
The patient died before the arrival of the
doctor.

5. Time and tide waits for none
Time and tide wait for none.

6. Into what kind of mess y^e have you got
me into?

What-kind of mess you have put me

into?

1. I learned the answer would come sooner than I expected.

I learned the answer sooner than I expected.

2. Hardly he had stepped out than it began to rain.

Hardly he had stepped out when it began to rain.

3. Either of the five dancers will dance tonight.
Either of the five dancers will dance tonight.

4. My client was neither aware nor party to the plot.

My client was neither aware nor part of the plot.

1. She started the work before a few days.
2. There is no exception to this rule.
3. We are accountable to God for our actions.
4. The police is entrusted to the enforcement of law and order.
5. The girl was hit with a stone by her brother.

برطانیہ میں برمنگھم یونیورسٹی کی ایک تحقیق سے یہ بات سامنے آئی ہے کہ بڑھاپے میں بھی جم جا کر مسلز بنائے جاسکتے ہیں۔ اس سوچ کو صحیح ثابت کرنے کے لیے یونیورسٹی کی ایک ٹیم نے مردوں کے مسلز بنانے کی صلاحیت کا موازنہ کیا۔ انہوں نے 60 سال سے زائد عمر کے افراد کو دو گروپوں میں تقسیم کیا۔ ایک گروپ میں 60 سال سے زائد عمر کے وہ افراد تھے جو 20 سال سے مستقل ہفتے میں کم سے کم دو بار ورزش کرتے تھے اور دوسرے گروپ میں وہ لوگ شامل تھے جو ورزش کرنے کا مستقل کوئی معمول نہیں رکھتے تھے۔

Translation

Research conducted at Birmingham university England concluded that muscles can be enhanced even in old age by doing gym. To prove this true, university team compared muscles enhancing capabilities of men. They divided men of 60 plus years into two groups. A group contained elders of 60 plus age, who used to exercise ^{continuously} at least twice a week for the past twenty years. And the second group include those elders who did not ↓ exercise ↓ continuously follow schedule.