



PRÉCIS  
 Central Superior Services Examination (CSS) 2005

Passage

Essentially, psychoses and neuroses represent man's inability to maintain a balanced or integrated polarity in conducting his life. The ego becomes exclusively or decidedly one-sided. In psychoses there is a complete collapse of the ego back into the inner recesses of the personal and collective unconscious. When he is repressed toward fulfilling some life goal and where he is further unable to sublimate himself toward another goal, man regresses into goal structures not actually acceptable to himself or to the society. Strong emotional sickness of the psychotic type is like having the shadow run wild. The entire psyche regresses to archaic, animal forms of behaviors. In less severe forms of emotional sickness there may be an accentuated and overpowering use of one of the four mental functions at the expense of the other three. Either thinking, feeling, intuiting or seeing may assume such a superior role as to render the other three inoperative. The persona may become as dominant as to create a totally one-sided ego, as in some forms of neurotic behavior.

All in all, whatever the type of severity of the emotional disorder, it can be taken as a failure of the psyche to maintain a proper balance between the polarities of life. Essentially, psychoses and neuroses are an alienation of the self from its true goal of self-actualization. In this sense the culture is of no consequence. Emotional disorder is not a question of being out of tune with one's culture so much as it is of being out of tune with one's self. Consequently, neurosis is more than bizarre behavior, especially as it may be interpreted by contemporaries in the culture. This interpretation avoids the sociological question of what is a mental disorder, since form of behavior which is acceptable in one culture may be considered neurotic in other culture. To Jung, the deviation from cultural norms is not the point. The inability to balance out personal polarities is or emotional imbalance. These vary from culture to culture.



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**PARAGRAPHS**

Basically, psychoses and neuroses represent man's inability to maintain a balanced or equated polarity in conducting his life. The ego becomes exclusively or decidedly one-sided. In psychoses there is a complete collapse of the ego back into the inner recesses of the personal and collective unconsciouses. When he is repressed toward fulfilling some life goal and where he is further unable to sublimate himself toward another goal, man regresses into goal structures not actually acceptable to himself or to the society. Strong emotional sickness of the psychotic type is like having the shadow run wild. The entire psyche regresses to archaic, animal forms of behaviors. In less severe forms of emotional sickness there may be an accentuated and overpowering use of one of the four mental functions at the expense of the other three. Either thinking, feeling, intuiting or seeing may assume such a superior role as to render the other three inoperative. The persona may become as dominant as to create a totally one-sided ego, as in some forms of neurotic behavior.

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# Précis 2005

~~Title:-~~

~~Psychosis~~: A battle between ego and true self  
Psychosis: ~~gateway~~ to self actualization  
Psyche vs ~~culture~~

write one at the top and rest in suggested heading

~~Précis:-~~

In psychosis and neurosis man is unable to balance the ego. ~~The ego collapses as a result.~~ Strong emotional sickness makes his subconscious run wild. If the emotional sickness is less <sup>severe</sup> ~~stear~~, he overuses one of the four ~~mental~~ processes more of intuiting, thinking, feeling or seeing. So, any disorder that is emotional in nature is due to such imbalance. Culture plays no role in such disorder, ~~It is simply~~ because person is not intune with his ownself. ~~Neurosis is more weird~~ because many think ~~that~~ culture plays a role ~~in that.~~ But this is confusing because a behavior can be acceptable in one culture and neurotic in another. Jung thinks emotional imbalance is the point ~~here~~ not the cultural aspect.

write this sentence in a less wierd way!

| 117 words

Question:- Should I mention Jung here? No.



**Remarks by Examiner**

**In main précis**

	Yes	No
1. Main idea is picked	<input checked="" type="checkbox"/>	<input type="checkbox"/>
2. Main aspect(s) of an idea is/are covered	<input type="checkbox"/>	<input type="checkbox"/>
3. Written in student's own language structure	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
4. Cohesion/rhythm/organization needs improvement	<input type="checkbox"/>	<input type="checkbox"/>
5. Spelling(s) mistakes are found	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
6. Need for improvement in grammar	<input checked="" type="checkbox"/>	<input type="checkbox"/>
7. Is length per Requirement?	<input checked="" type="checkbox"/>	<input type="checkbox"/>

**In Title**

	Yes	No
1. Title matches with précis/main idea	<input checked="" type="checkbox"/>	<input type="checkbox"/>
2. Language of title is weak/incorrect	<input checked="" type="checkbox"/>	<input type="checkbox"/>
3. Length of title as per standard	<input type="checkbox"/>	<input checked="" type="checkbox"/>

**Marks**

Main Précis: 3 / 15      Title: 2 / 5

**Remarks**

main idea is picked but sentences are incoherent and written in a casual expression  
need improvement in clarity and sentence structure  
not satisfactory  
5/20