

Batch-  
054

Bakhtawer.

(Body) Paragraph Structure

Paragraph Heading/Topic:	
Topic Sentence	Negative Effects Of Social Media On Youth. Social media poses negative effects on youth in terms of physical and mental wellbeing both are at high risk. <del>because if the use is not within certain limits</del>
Reason or explanation	If the use of Social media is not within the certain limits or time, there is possibility for youth to develop stress and many other mental as well as physical disorders.
Supporting point (1)	There is a <del>big</del> significant number of youth which is suffering from many types of bad mental and physical health conditions including insomnia, lack of physical activity cyber bullying and stress are few to mention.
Example (1)	according to Lancet Journal for child and adolescent health - 27% of youth who use social media more frequently is more vulnerable to psychological stress and <del>and</del> negative physical <del>stend</del> anxies.
Supporting point (2)	
Example (2)	
Concluding sentence	On the basis of above mentioned facts it is evident to say that social media has several negative effects on youth.