

"I fall upon the thorns of life! I bleed"

## Outline

1. Introduction
2. Life is a mixture of ups and downs
3. Gloomy picture of humans struggling in their life
4. a) Never ending goals and ambitions of individuals lead to despair
- b) Different types of social stigmas are attach to people; hindrance in the way of progress
- c) Cultural differences bring forth hatred and sectarian killings
- d) Changing climate is creating many problems for humans
- e) Economical crises worsen the situation of people living in poverty
- f) Lack of democracy and freedom create unrest among people
- g) Ongoing international clashes and wars exacerbate human sufferings

- h) People do not get their legal and constitutional rights.
- i) Morality is dying among people, which makes life more difficult.
- j) Greater role of technology in modern era, creates many new problems.

4. Way forward to make life easy to live.

- a) Create economic and political policies at national and international forums to encounter human suffering.
- b) Develop mutual understanding and peace among people.
- c) Uplift depressed individuals by meeting their legal rights and needs.

5) Conclusion