

Body Paragraph Structure Example

Outline Subheading: Negative affect of social media on youth -

Topic Sentence	Social media can negatively affect youth's self-esteem and result in a distorted self-image.
Reason or Explanation	Considering that it gives a carefully managed and idealized view of people's lives, it makes young people feel under pressure to portray themselves in a particular way online.
Supporting point (1)	According to a survey by the Royal Society of Public Health, Instagram was found to be the most detrimental social media platform for young people's mental health, due to its emphasis on appearance and a pressure to present a perfect image.
Supporting point (2)	Furthermore, social media can lead to a phenomenon called "Social Comparison" where youth compare their own lives to the highly curated lives of others online.
Evidence	As a result, our society is dominated by envy, self-doubt and feelings of inferiority.
Concluding Sentence	This demonstrates the detrimental affects that social media has on youth's perception and daily life.

Total Words: 136