

The Psychological causes of unhappiness, it is clear, are many and various. But all have something in common. The typical unhappy man is one who having been deprived in youth of some normal satisfaction, has come to value this one kind of satisfaction more than any other, and has, therefore, given to his life a one-sided direction, together with a quite undue emphasis upon the achievement as opposed to the activities connected with it. There is, however, a further development which is very common in the present day. A man may feel so completely thwarted that he seeks no form of satisfaction, but only distraction and oblivion. He then becomes a devotee of "Pleasure". That is to say, he seeks to make life bearable by becoming less alive. Drunkenness, for example, is temporary suicide; the happiness that it brings is merely negative, a momentary cessation of unhappiness. The narcissist and the megalomaniac believe that happiness is possible, though they may adopt mistaken means of achieving it; but the man who seeks intoxication, in whatever form, has given up hope except in oblivion. In his case the first thing to be done is to persuade him that happiness is desirable. Men, who are unhappy, like men who sleep badly, are always proud of the fact. Perhaps their pride is like that of the fox who had lost his tail; if so, the way to cure it is to point out to them how they can grow a new tail. Very few men, I believe, will deliberately choose unhappiness if they see a way of being happy. I do not deny that such men exist, but they are not sufficiently numerous to be important. It is common in our day, as it has been in many other periods of the world's history, to suppose that those among us who are wise have seen through all the enthusiasms of earlier times and have become aware that there is nothing left to live for. The man who hold this view are genuinely unhappy, but they are proud of their unhappiness, which they attribute to the nature of the universe and consider to be the only rational attitude for an enlightened man. Their pride in their unhappiness makes less sophisticated people suspicious of its genuineness; they think that the man who enjoys being miserable is not miserable.

Total word count=394

Causes of Unhappiness

There are many causes of unhappiness but these causes have something in common. The first reason is that some people could not fulfill their desires in past, so, they spent their whole lives to fulfill that desires. However, some people feel that they are useless; their lives are full of miseries. So they prefer to live a short life. The narcissist and the megalomaniac believe that they can achieve happiness by using illegal and immoral means. In this case we should convince them, happiness is desirable. There are many people who are unhappy but they are satisfied. Those people think that this world is temporarily and nothing is left to live for. So, these people are living their lives peacefully because they are enjoying this kind of lives.

(Total word count is 110)

Read the following passage carefully and answer the questions given at the end. (20)

Globalization is viewed by its proponents as a process of cementing economic, cultural and political bonds between peoples of different countries of the world. One may regard it as a process by which they are welded into a single world society, to be termed as global society. It means internationalization of production and labour leading to integration of economies of developing and developed countries into global economy. To quote Rosabeth M.Kanter, "The world is becoming a global shopping mall in which ideas and products are available everywhere at the same time." Globalization is a natural outcome of computer networking and electronic mass communication. Information technology has made it possible for nations of the world to contact one another beyond their national borders. Besides, globalization is also promoted through the growth and proliferation of multinational companies and corporations that operate as transporter networks. Anyhow the flow of capital technology and labour across the borders of countries has accentuated the process of globalization. Deregulation, liberalism and privatization being assiduously pursued in the developing countries are some other manifestations of globalization. These countries are opening their economies to follow these trends. The size of the public sector is shrinking for the private sector to assume an increasingly important role in the economic development of the Third World countries. The downsizing of the public sector is in line with the spirit of market economy. This is suggested as a measure to cover up their fiscal deficit.

Questions: (4 marks each)

1. Define globalization.
2. What is electronic mass communication?
3. What does the term Third World denote?
4. What is privatization?
5. Explain 'liberalism' in the above context

CSS-2020

Q1 Define globalization?

Globalization is a process in which people of one country can communicate, trade and establish relations with the people of other countries in the world. People can freely move across the world. The world has become a global village.

Answer Question No: 02

Electronic mass communication is a type of communication in which people communicate with each other by using electronic devices such as computers, mobile phones etc.

Answer Question No: 03

Third World means those countries that ~~are~~ are under-developed economically.

These countries are poor countries and they are socially, economically and technologically under-developed.

Answer Question No: 04

Privatization means that people can buy property and can run their own business in the country. Government will

protect their property. People can expand or sell their businesses freely.

↳ Answer Question No : 05

Liberalism means people can run their businesses freely. Government will not interfere in their businesses. Government will provide opportunities to their people to expand their business and trade. Foreigners can easily do business in that country.