

## ACADEMIC PARAGRAPH STRUCTURE

(Sub-heading: Negative effects of social media on youth's concentration)

Topic Sentence	Negative effects of social media is followed by various factors among which effects on the concentration is worth mentioning.
Explanatory or Reasoning sentence	Social media <del>has</del> which impacts their ability to focus & achieve long term goals.
Supporting Point (1)	Social media's addictive nature often leads to youth spending excessive amount of time on scrolling leaving them with a little time for other activities & decreases their attention.
Example (1)	A study by the pew research center found that nearly 72% of teens felt the need to immediately respond to notification they received on social media.
SP 2 (optional)	The social media platforms are designed to be highly stimulating that makes it difficult for youth to focus on long term goals.
Ex 2 (to be written if SP2 is given)	A journal of social & clinical psychology founds that a participants who spent 30 mins on social media experiance a significant decrease in ability to concentrate.
Concluding Sentence	it's important to be aware of the negative effects of social media & take steps to promote a healthy balance b/w online & offline activities.

(No. of words 140)