

1- Why most of us fail in efforts for self improvement?

Most of us fail in self-improvement because their desires are more than that of attempt to make them true. Simply, they do not try, but they wait.

2- Why is it a basic mistake to announce our resolution to everybody?

According to the author, it is a basic mistake to share personal goals to everybody. It becomes a root cause of a man's failure. Hence, the most basic stupidity one does-

3- Why did the writer did not carry out his resolution on New Year's Day?

Times, the writer deemed the findings of expressing personal resolution before people not good. According to the author, a man should keep his resolution to him so that he keep himself safe:

4- Similar meanings:-

- i) intimidating      formidable      v) barb
- ii) Peril              recur
- iii) dwindle        frustration
- iv) repel            slip back